

ShandsFitness and Wellness Center

Rewards Membership Program:

Member Name: _____

Welcome to the Shands Fitness and Wellness Center Rewards Program. Our innovative membership that helps you improve your fitness and wellness while saving you money! The more you workout, the less your payment is for your membership. Below are the guidelines for each membership type.

\$9.99 Rewards Membership: _____ Initials

The \$9.99 Rewards Membership will have limited hours that one can work out in the Shands Fitness and Wellness Center.

Workout Hours: \$9.99 members must check in **Monday-Friday from 11am-3pm and 7pm-9pm, Saturday 7am-1pm only.**

Check-in procedure: All members will be given a 4 digit code to be entered into the shape.net membership system upon arrival. All check-ins are date and time stamped in the shape.net membership system. \$9.99 Rewards members will be given a 15 minute grace period for each check-in time prior to or after required workout timeframe. If a \$9.99 Rewards member checks in outside of the required timeframe more than 3 times, the membership fee will be then be charged the normal monthly rate of \$45 for that month.

Initiation Fee/First Month payment: \$50 initiation fee, \$9.99 first month membership, total fee: \$59.99

Workouts Required: 12 workouts or more each month, Fee: \$9.99, 11 workouts or less each month, Fee: \$45. Number of workouts will be determined by the Shape.net system. For any disputes regarding the number of workouts, the Shape.net system will be the final authority.

Membership Length: 1 year, memberships begin on the 1st or 15th of each month.

Early Cancellation Policy: If a member wants to cancel their membership early, there will be a \$100 cancellation fee, 30 days written notice required.

\$19.99 Rewards Membership: : _____ Initials

The \$19.99 Rewards Membership may workout anytime during the day that the fitness center is open.

Workout Hours: M-F from 5:30am-9pm, Saturday 7am-1pm only.

Check-in procedure: All members will be given a 4 digit code to be entered into the shape.net membership system upon arrival. All check-ins are date and time stamped in the shape.net membership system.

Initiation Fee/First Month payment: \$50 initiation fee, \$19.99 first month membership, total fee: \$69.99

Workouts Required: 12 workouts or more each month, Fee: \$19.99, 11 workouts or less each month, Fee: \$45. Number of workouts will be determined by the Shape.net system. For any disputes regarding the number of workouts, the Shape.net system will be the final authority.

Membership Length: 1 year, memberships begin on the 1st or 15th of each month.

Early Cancellation Policy: If a member wants to cancel their membership early, there will be a \$100 cancellation fee, 30 days written notice required.

\$24.99 Rewards Membership: : _____ Initials

The \$24.99 Rewards Membership may workout anytime during the day that the fitness center is open.

Workout Hours: M-F from 5:30am-9pm, Saturday 7am-1pm only.

Check-in procedure: All members will be given a 4 digit code to be entered into the shape.net membership system upon arrival. All check-ins are date and time stamped in the shape.net membership system.

Initiation Fee/First Month payment: \$50 initiation fee, \$24.99 first month membership, total fee: \$74.99

Workouts Required: 12 workouts or more each month, fee: \$24.99, 11 workouts or less each month, fee: \$45. Number of workouts will be determined by the Shape.net system. For any disputes regarding the number of workouts, the Shape.net system will be the final authority.

Membership Length: minimum 2 month membership, then the membership will roll into a month to month membership. The membership begins on the 1st or 15th of each month. To cancel the membership, 30 days written notice required.

Early Cancellation Policy: If a member wants to cancel their membership early, there will be a \$100 cancellation fee, 30 days written notice required.

- -A Medical Freeze may be placed on your membership due to a medical condition. A note from an MD must be presented to initiate the freeze and to unfreeze the membership. You will be responsible for fulfilling the entire membership once the freeze is lifted. There is no fee for a medical freeze.
- -A Membership Freeze for those who may be out of town for several months is now available. This will cost \$10/month to put your membership on a freeze. You will be responsible for fulfilling the entire membership once the freeze is lifted.